

Over **\$4000** in **CASH prizes**  
Sat & Sun races **PLUS** a **FREE** race shirt

# Official Programme



The Gold Coast's premier  
**Outrigger Canoe race!**



**6<sup>th</sup> & 7<sup>th</sup>  
June 2020**

32km downwind  
OC6 Iron Race  
+ Sunday relay race

## Cash Prizes

for both Saturday &  
Sunday races



Gold Coast Cup

**Northcliffe Outrigger Canoe Club** is proud to announce that the GGC will be run as an Iron race in 2020 in conjunction with and promoted by SQ Zone.

The race will take its usual course from Coolangatta, over 30kms, taking in the beautiful Gold Coast views and enjoying that sensational southerly downwind all the way to Southport.

We look forward to welcoming paddlers from near and far and wish you all the best for a great weekend of racing.

Hosted by



event manager:  
Hamel56@outlook.com





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## 32km Iron Course



The prize money for Saturday's iron race is over \$3200 with SQ Zone contributing \$2400.

- Race Director **Matt Brown**
- Assistant Race Director **Mike Owens**
- On Water Safety Officer **Harvie Allison**



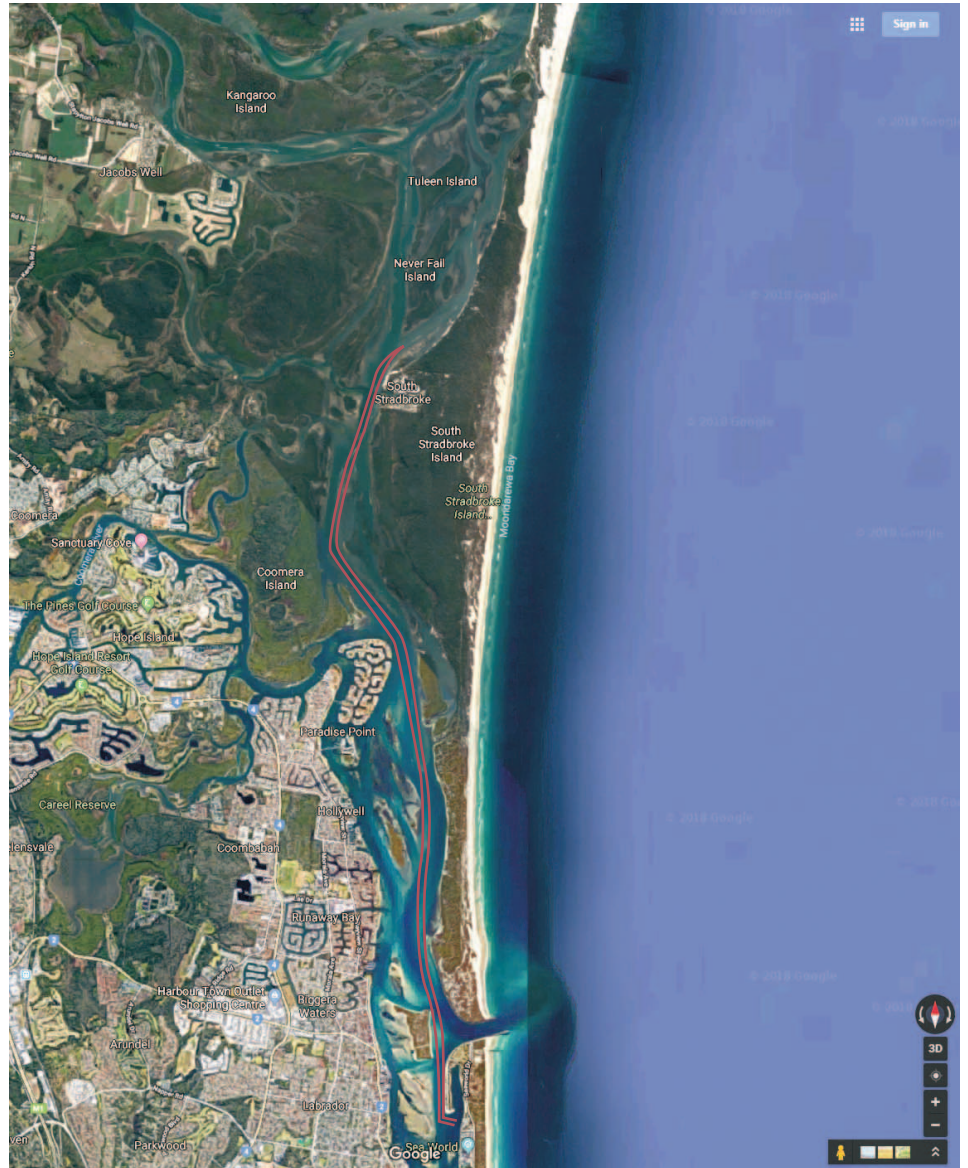
# Coolangatta start line & canoe unloading area







## Alternate 32km Iron Course



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## OC6 Iron Race

Cost \$60 per paddler (includes a souvenir race shirt)

- Under 19 Male
- Under 19 Female
- Under 19 Mixed
- Open Men
- Open Women
- Open Mixed
- Master Men
- Master Women
- Master Mixed
- Senior Master Men
- Senior Master Women
- Senior Master Mixed
- Golden Master Men
- Golden Master Women
- Golden Master Mixed
- Platinum Master Men
- Platinum Master Women
- Platinum Master Mixed

\*Mixed crews must have 3 women

### AGE GROUPS:

- Under 19 - over 16 years  
*(Junior competitors must have turned 16 years of age before close of nominations)*
- Open - 20 years and above
- Master - 40 years and above
- Senior Master - 50 years and above
- Golden Master - 60 years and above
- Platinum Master - 70 years and above

Entries can be made at [www.aocra.com.au](http://www.aocra.com.au)  
entries close **STRICTLY** by Sunday 24<sup>th</sup> May 2020  
**NO LATE ENTRIES ACCEPTED AT ALL!**

### Nomination Information

- **All Australian Teams:** All nominations must be done by a Club not an individual at [www.aocra.com.au](http://www.aocra.com.au) before the cut off date Sunday 24<sup>th</sup> May 2020
- **All International Teams:** All team nominations must be done online. 'How to Guide' link here to use when entering online. (<https://aocra.com.au/uploads/file/National%20Titles/OVERSEAS%20PADDLER%20REGISTRATION.pdf>). All International Paddlers must complete an International Indemnity Release Form and provide to Registration on Friday 5<sup>th</sup> June @ 4:00 PM onwards prior to briefing (<http://aocra.com.au/uploads/file/AOCRA%20Forms/2018%20International%20Paddler%20Indemnity%20form.pdf>).

### Canoe Loan

- Hiring of canoes will be dependent on local clubs capacity to lend. We will arrange a pool of canoes for hire at \$200. Priority will be given to International Teams and Interstate Clubs travelling a significant distance.
- For canoe hire enquiries, email Karen: [Hamel56@outlook.com](mailto:Hamel56@outlook.com)

### Conditions of Eligibility

- All Australian competitors must be a financial member of an AOCRA affiliated club and a current registered competitor with AOCRA Inc.
- International competitors must be able to demonstrate membership of an IVF affiliated club, sign and submit an AOCRA International Indemnity Release Form.
- Attendance at briefings is mandatory for confirmation of the final race courses and racing



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## Gold Coast Cup Program

### Friday 5<sup>th</sup> June:

Roughton Park, Kirra: 3:00pm onwards canoe rigging  
4:00pm - 6:00pm registration open for sign on  
& shirt collection

### Saturday 6<sup>th</sup> June at Roughton Park, Kirra:

5:00am - Registration  
7:00am - **Paddler Safety briefing**  
7:30am - Blessing of the Fleet  
8:00am - Race Start, Women and Mixed  
8.30am - Race Start, Men

### Presentations:

Presentations will start as soon as the results are official.

### Sunday 7<sup>th</sup> June at Northcliffe paddle site:

Relay 2 x 7.5km laps around Wavebreak with a BBQ breakfast.  
Race Fee: \$15 includes breakfast, safety boats and your chance to win cash and prizes.

### Important Dates

- |                       |   |
|-----------------------|---|
| 1 <sup>st</sup> March | Registration Opens - AOCRA site   |
| 24 <sup>th</sup> May  | Entries Close - NO LATE ENTRIES ACCEPTED  |
| 5 <sup>th</sup> June  | 3:00pm onwards Canoe rigging at Roughton Park, Kirra<br>4:00pm - 6:00pm registration open for sign on & shirt collection  |
| 6 <sup>th</sup> June  | 5:30am - buses leave VMR Southport site to Roughton Park, Kirra - \$10 pp cash please - bookings required.<br>7:00am - <b>Paddler Safety Briefing &amp; Scrutineering</b><br>7:30am - Blessing of the Fleet<br>8:00am - Race Start, Women and Mixed<br>8.30am - Race Start, Men |
| 7 <sup>th</sup> June  | 8:30am Briefing & Scrutineering<br>9:00am Race Start<br>10:30am BBQ Breakfast Start   |

### Important!

**International Competitors** must take out Travel Insurance and provide proof of such insurance which lists outrigger canoeing as an activity. International Competitors must sign an "Indemnity & Release" Form prior to participation.

### Alternate course due to bad weather:

At the advice of the race director, if the weather does not permit the abovementioned ocean course, then the race will be held in the Gold Coast Broadwater.

### Cancellation Policy:

In the very unlikely event of a total abandonment Northcliffe OCC will not be in a position to refund race fees. Refund for SQ Zone and AOCRA components are at their discretion.

### All enquiries contact Karen Hamel:

Hamel56@outlook.com





## PARTICIPATION RULES

Paddlers are reminded of AOCRA's rules and regulations regarding participating in AOCRA sanctioned events. You are only permitted to take part in this event if you are a recognised competitor, which means:

- You have registered and paid for this event through the AOCRA website
- You have signed in at the registration desk and provided your canoe number
- You are a current financial member of an AOCRA affiliated club
- You are a current financial member of AOCRA

Due to insurance implications, if you do not meet ALL of these requirements you are to stay off the race course. Non-competing paddlers are not to use the event courses for training, coaching or recreational paddling in club or personal craft while competitors are on the course.

## RULES FOR CLUB EVENTS

As this is an AOCRA sanctioned club event all paddlers (excl. Juniors 19 and Under, Golden Master and Platinum) MUST be members of the same club as recorded in the AOCRA membership database prior to registering to race.

To ensure competitors abide by this rule, and to foster a spirit of fair competition between competing club crews, action will be taken by the AOCRA committee for any breach of this rule.

Specifically: It is the responsibility of the person signing in the crew to ensure that only club members are registered for the crew.

It is the responsibility of the captain of the crew to ensure that only club members compete in their crew.

It is the responsibility of each club to ensure that their members are aware of the rules regarding participation in CLUB events and that only bona fide club members compete in their crews.



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## Sunday: 2 laps of 7.5km course around wavebreak Island

Sunday will be a challenge for all, as we mix you up in a 2 lap, 15km relay. Each team will comprise 1 steerer, 10 paddlers (2 crews of 5). We random draw the crews, ensuring they all have 5 men, 5 women, steerer can be either. No age divisions.

It will take steerers to use all their skills to blend their crew over 7.5km, before they return to the beach and collect their 2<sup>nd</sup> crew and fine tune their talents, to have a crack at winning cash and prizes.

Then its back to the BBQ for a hard earned breakfast.

May the best blenders win. *Happy paddling.*



### Short Course Information

- The course is 7.5 kms consisting of 2 x laps starting at VMR and going anti-clockwise around Wave Break island
- All racing must be outside of the Main Channel and giving way to all powered vessels in the channel
- There will be support boats stationed for the Main Channel crossing that will have green and red flags to signal to paddlers when safe to cross the channel. Paddlers are required to comply



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## Sponsors

An event like the Gold Coast Cup cannot happen without our sponsors. We would like to acknowledge and thank our amazing sponsors below.



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## Accommodation

Numerous accommodation is available near the paddlers precinct. Including a discounted price at Seaworld Nara Resort, which is right next door. Why not bring the family for a holiday on the Gold Coast, they can play while you paddle.